

# SmartFood Product Guide

Term 1, 2024



# Contents

**Please note: this is not a complete listing of approved products. The nutrient criteria can be used to assess any products not on the list. If you are unsure about the classification of a specific product, please contact your project officer.**

## **Breads and cereals**

**1a** Breakfast cereals not containing dried fruit

**1b** Breakfast cereals containing dried fruit

## **Ready to eat meals**

**2** Rice, pasta and noodle dishes, stews, casseroles and curries

**3** Noodle cups

**4** Tinned spaghetti

**5** Commercial pizza

**6** Soups (canned, packet, tetra-packs, ready-to-eat bowls)

## **Hot food**

**7** Oven-baked potato products (wedges, chips, hash browns, scallops, gems)

**8** Meat patties, meat balls, nuggets or strips

**9** Chicken patties, balls, nuggets, fillets or strips

**10** Vegetable patties, balls, nuggets, fillets, strips, burgers and sausages; lentil patties and falafels

**11** Fish patties, balls, nuggets, fillets or strips

**12** Commercial savoury pastries

**13** Spring rolls, dim sims and dumplings

## **Other**

**14** Processed meats

**15** Corn chips and tacos

## **Snack food items**

**16** Fruit (tinned or pureed)

**17** Crispbreads, crackers and savoury biscuits

**18** Commercial unfilled savoury breads, pull-aparts, twists, garlic or herb breads, savoury or vegetable scones or scrolls

**19** Snack bars

**20** Chips and popcorn

**21** Yoghurts

**22** Custard and dairy desserts (without added confectionery)

**23** Ice creams and milk-based ices (without added confectionery)

**24** Ice blocks, ice crushes and slushies

## **Drinks**

**25** Flavoured water

**26** Flavoured milk drinks

**27** Modified milk drinks and smoothies

**28** Coffee-flavoured milk drinks

**29** Fruit juice and sparkling fruit juice drinks

# Nutrient criteria

Category			Nutrient criteria		
			Energy (kJ) per 100g	Saturated fat (g) per 100g	Sodium (mg) per 100g
1.1	Savoury pastries, filled breads, pizzas, oven-baked potato products, dim sims, spring rolls, cup-style noodles, tinned spaghetti and dried packet-ready meals	●	1000kJ or less	5g or less	400mg or less
		●	1000kJ or more	5g or more	400mg or more
1.2	Meat and plant-based products crumbed and non-crumbed (including burgers, patties, strips, balls or nuggets), sausages, frankfurts, saveloys and hot dogs	●	1000kJ or less	5g or less	450mg or less
		●	1000kJ or more	5g or more	450mg or more
1.3	Commercial meals and dishes based on the 5 food groups: <ul style="list-style-type: none"> <li>• Rice, noodle, pasta dishes</li> <li>• Stews, casseroles, curries</li> <li>• Salads</li> <li>• Egg dishes (without pastry)</li> </ul>	●	750kJ or less	2.5g or less	300mg or less
		●	1000kJ or less	5g or less	450mg or less
		●	1000kJ or more	5g or more	450mg or more
1.4	Soups as prepared ready-to-eat	●	-	2g or less	300mg or less
		●	-	2g or more	300mg or more
<i>(All dried soups are AMBER)</i>					

# Nutrient criteria

**Table 2: Snack food items assessed per serve**

Category			Nutrient criteria			
			Energy (kJ) per serve	Saturated fat (g) per serve	Sodium (mg) per serve	Fibre (g) per serve
2.1	Sweet snack food, biscuits, slices, balls and bars	●	600kJ or less	3g or less	-	1g or more
		●	More than 600kJ	More than 3g	-	Less than 1g
2.2	Savoury snack food, biscuits, crackers, chips and crisps	●	600kJ or less	2g or less	200mg or less	-
			<i>(Energy 1800kJ or less per 100g)</i>			
		●	More than 600kJ	More than 2g	More than 200mg	-
			<i>(Energy more than 1800kJ per 100g)</i>			
2.3	Ice-creams, milk-based ices, custard and dairy desserts	●	600kJ or less	3g or less	-	-
			<i>(Milk listed as the first ingredient)</i>			
		●	More than 600kJ	More than 3g	-	-
			<i>(Milk not listed as the first ingredient)</i>			
2.4	Un-iced cakes, muffins, sweet pastries, scones or scrolls (plain or sweet)	●	900kJ or less	3g or less	-	1.5g or more
		●	More than 900kJ	More than 3g	-	Less than 1.5g
2.5	Unfilled savoury breads, pull-aparts, twists, garlic or herb breads, savoury or vegetable muffins, scones or scrolls	●	900kJ or less	3g or less	300mg or less	-
		●	More than 900kJ	More than 3g	More than 300mg	-

# Nutrient criteria

Category			Nutrient criteria		
			Energy (kJ) per 100g	Saturated fat (g) per 100g	Sodium (mg) per 100g
3.1	Pasta sauces and simmer sauces	●	-	2g or less	300mg or less
		●	-	More than 2g	More than 300mg
3.2	Processed meats: <ul style="list-style-type: none"> <li>• Luncheon meats - devon, chicken loaf, silverside, pastrami</li> <li>• Free flow chicken meat</li> <li>• Cured meats – ham, bacon</li> <li>• Smoked fish – salmon, trout</li> </ul>	●	1000kJ or less	3g or less	1200mg or less
		●	More than 1000kJ	More than 3g	More than 1200mg
3.3	Corn chips and taco shells	●	2200kJ or less	5g or less	330mg or less
		●	More than 2200kJ	More than 5g	More than 330mg
			<i>(Serve size 30g or less; must be served with vegetables)</i>		
			<i>(Serve size more than 30g; not served with vegetables)</i>		
3.4	Dips and salsa: legume, dairy or vegetable based	●	-	2g or less	750mg or less
		●	-	More than 2g	More than 750mg
3.5	Mayonnaise and salad dressings	●	-	3g or less	750mg or less
		●	-	More than 3g	More than 750mg

Category			Nutrient criteria		
			Saturated fat (g) per 100g	Fibre (g) per 100g	Sugar (g) per 100g
4.1	Breakfast cereals not containing dried fruit	●	2g or less	5g or more	20g or less
		●	More than 2g	More than 5g	More than 20g
4.2	Breakfast cereals containing dried fruit	●	2g or less	5g or more	25g or less
		●	More than 2g	More than 5g	More than 25g

## Ia. Breakfast cereals not containing dried fruit

Breakfast cereals not containing dried fruit, with no added confectionary

Assessed against nutrient criteria 4.1

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Carmans	Crunchy Clusters	Honey Roasted Nut	450g/45g	<b>GREEN</b>
Carmans	Aussie Oat Clusters	Cocoa Crunch	450g/45g	<b>GREEN</b>
Carmans	Crunchy Clusters	Honey	450g,765g/45g	<b>GREEN</b>
Kellogg's	Special K	Original	500g/40g	<b>GREEN</b>
Sanitarium	Weet-Bix	Gluten Free Original	375g/30g	<b>GREEN</b>
Sanitarium	Weet-Bix	Original	375g/31g	<b>GREEN</b>
Sanitarium	Weet-Bix Bites	Honey Crunch	510g/45g	<b>GREEN</b>
Uncle Toby's	Oat Flakes	Original	640g/30g	<b>GREEN</b>
Uncle Toby's	Vita Brits	Original	750g/33g	<b>GREEN</b>

## Ib. Breakfast cereals containing dried fruit

Breakfast cereals containing dried fruit, with no added confectionary

Assessed against nutrient criteria 4.2

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Carmans	Crunchy Clusters	Cranberry, Apple & Roasted Nut	500g/45g	<b>GREEN</b>
Carmans	Bircher Muesli	Natural Untoasted	500g/45g	<b>GREEN</b>
Carmans	Aussie Oat Clusters	Apple Crunch	500g/30g	<b>GREEN</b>
Carmans	Aussie Oat Clusters	Berry Crunch	500g/30g	<b>GREEN</b>
Kellogg's	Just Right	Original	460g/40g	<b>GREEN</b>
Kellogg's	Sustain	Original	460g/40g	<b>GREEN</b>
Kellogg's	Special K	Forest Berries	380g/40g	<b>GREEN</b>
Sanitarium	Weet-Bix Bites	Wild Berry	500g/45g	<b>GREEN</b>
Sanitarium	Weet-Bix Bites	Apricot	500g/45g	<b>GREEN</b>
Uncle Tobys	Plus	Muesli Flakes	800g/40g	<b>GREEN</b>
Uncle Tobys	Fruity Bites	Wildberry	500g/30g	<b>GREEN</b>
Woolworths	Muesli	Toasted Honey & Cinnamon	750g/45g	<b>GREEN</b>

## 2. Rice, pasta and noodle dishes, stews, casseroles and curries

Assessed against nutrient criteria 1.3; except for sushi (GREEN)

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Hakka	Fried Rice		200g	<b>AMBER</b>
Inghams (Blasta Pasta)	Traditional Lasagne	Beef	200g	<b>GREEN</b>
Inghams (Blasta Pasta)	Spaghetti Bolognese		200g	<b>GREEN</b>
On the Menu	Lasagne	Beef, family size	1kg	<b>AMBER</b>
On the Menu	Lasagne	Beef, family size	2kg	<b>AMBER</b>
On the Menu	Lasagne	Beef	260g	<b>AMBER</b>
On the Menu	Cottage Pie	Minced beef	260g	<b>AMBER</b>
On the Menu	Beef ragu pappardelle		260g	<b>AMBER</b>
On the Menu	Chicken Fettuccine		260g	<b>AMBER</b>
On the Menu	Lasagne	Vegetable	260g	<b>GREEN</b>
On the Menu	3 Cheese Macaroni		260g	<b>GREEN</b>
On the Menu	Spaghetti and Meatballs		260g	<b>GREEN</b>
Ozbake	Super Bowl	Chicken & Broccoli	250g	<b>GREEN</b>
Ozbake	Super Bowl	Meatball	250g	<b>GREEN</b>
Ozbake	Super Bowl	Veggie	250g	<b>GREEN</b>
Ozbake	Super Bowl	Butter Chicken	250g	<b>GREEN</b>
Ready Chef	Homestyle Beef Lasagne		2kg / 333g serving	<b>GREEN</b>
Sushimatic	Sushi	Prawn		<b>GREEN</b>
Sushimatic	Sushi	Vegetarian		<b>GREEN</b>
Sushimatic	Sushi	Japanese Omelette		<b>GREEN</b>
Sushimatic	Sushi	Teriyaki Chicken		<b>GREEN</b>
Sushimatic	Sushi	Avocado		<b>GREEN</b>
Sushimatic	Sushi	Cooked Tuna		<b>GREEN</b>
Sushimatic	Sushi	Soboro Beef		<b>GREEN</b>
Sushimatic	Sushi	Smoked Salmon		<b>GREEN</b>
Sushimatic	Sushi	Californian		<b>GREEN</b>
Sushimatic	Inari			<b>GREEN</b>
Enrico's (Vesco foods)	Honey Soy Chicken with rice		24 x 200g	<b>GREEN</b>
Enrico's (Vesco foods)	Chicken Fried Rice		24 x 200g	<b>GREEN</b>
Enrico's (Vesco foods)	Twista Pasta Bolognese		24 x 200g	<b>GREEN</b>
Enrico's (Vesco foods)	Beef Lasagne		24 x 220g	<b>GREEN</b>
Enrico's (Vesco foods)	Macaroni Cheese Pasta		24 x 200g	<b>GREEN</b>
Enrico's (Vesco foods)	Spaghetti and Meatballs		24 x 200g	<b>GREEN</b>



### 3. Noodle cups

Assessed against nutrient criteria 1.1

Manufacturer	Product name	Flavour / variety	Pack/serve size	Assessment
Fantastic	Noodle cup	BBQ Beef	380g (when prepared as per directions, consumed as a soup)	<b>AMBER</b>
Fantastic	Noodle cup	Beef Gluten Free	355g (when prepared as per directions)	<b>AMBER</b>
Fantastic	Noodle cup	Chicken	380g (when prepared as per directions, consumed as a soup)	<b>AMBER</b>
Fantastic	Noodle cup	Chicken Gluten Free	355g (when prepared as per directions)	<b>AMBER</b>
Fantastic	Noodle cup	Chicken & Corn	380g (when prepared as per directions, consumed as a soup)	<b>AMBER</b>
Fantastic	Noodle cup	Chicken Chow Mein	380g (when prepared as per directions, consumed as a soup)	<b>AMBER</b>
Fantastic	Noodle cup	Oriental	380g (when prepared as per directions, consumed as a soup)	<b>AMBER</b>
Maggi	2 Minute Noodles	Beef	380g (when prepared as per directions, using 375mL water)	<b>AMBER</b>
Maggi	2 Minute Noodles Wholegrain	Beef	380g (when prepared as per directions, using 375mL water)	<b>AMBER</b>
Maggi	2 Minute Noodles	Chicken	380g (when prepared as per directions, using 375mL water)	<b>AMBER</b>
Maggi	2 Minute Noodles Wholegrain	Chicken	380g (when prepared as per directions, using 375mL water)	<b>AMBER</b>
Maggi	Noodle cup	Oriental	360g (when prepared as per directions, using 300mL water)	<b>AMBER</b>
Maggi	Noodle cup	Beef	358g (when prepared as per directions, using 300mL water)	<b>AMBER</b>

## 4. Tinned spaghetti

Assessed against nutrient criteria 1.1

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Heinz	Tinned Spaghetti	Extra Cheesy	300g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Extra Cheesy	535g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Tomato sauce (The one for one)	220g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Tomato sauce	300g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Tomato sauce	535g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Spaghetti & Meatballs	420g	<b>AMBER</b>
Heinz	Tinned Spaghetti	Spaghetti & Sausages	420g	<b>AMBER</b>
SPC	Tinned Spaghetti	Rich tomato	420g	<b>AMBER</b>
SPC	Tinned Spaghetti	Tomato and Cheese	420g	<b>AMBER</b>
SPC	Tinned Spaghetti	Tomato and Cheese Salt Reduced	420g	<b>AMBER</b>
Woolworths	Tinned Spaghetti	Tomato sauce	420g	<b>AMBER</b>

## 5. Commercial pizza

Assessed against nutrient criteria 1.1

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Inghams	Pizza Roundas		20 x 130g/ 130g	<b>AMBER</b>
McCain Foods Pty Ltd	Lil' Pizzas	Ham & Pineapple	4 pack / 100g	<b>AMBER</b>
McCain Foods Pty Ltd	Lil' Pizzas	Supreme	4 pack / 100g	<b>AMBER</b>
OzBake	Pizza Wrap	Cheese	160g	<b>AMBER</b>
OzBake	Pizza Wrap	Meat Pizza	160g	<b>AMBER</b>
OzBake	Pizza Wrap	Hawaiian Pizza	160g	<b>AMBER</b>
OzBake	Pizza Wrap	Meat & Cheese	160g	<b>AMBER</b>
OzBake	Pizza Wrap	Vegetarian Pizza	160g	<b>AMBER</b>
OzBake	Pizza Wrap	BBQ chicken	160g	<b>AMBER</b>

## 6. Soups (canned, packet, tetra-packs, ready-to-eat bowls)

Assessed against nutrient criteria 1.4

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Heinz	Classic Creamy Tomato	Tomato	265g / 535g	<b>AMBER</b>
Heinz	Big Red Tomato Salt Reduced	Tomato	210g / 420g	<b>GREEN</b>
Heinz	Big Red Condensed Tomato Soup	Tomato	210g / 820g	<b>GREEN</b>
Heinz	Big Red Condensed Tomato Soup	Tomato	210g / 420g	<b>GREEN</b>

## 7. Oven-baked potato products

Wedges, chips, hash browns, scallops, gems

Assessed against nutrient criteria 1.1

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Bell Farms	Frozen Mash Potato		1kg (100g serve)	<b>AMBER</b>
Birds Eye	Deli Roast Potatoes Rosemary and Garlic	Oven bake only	12 x 600g/100g	<b>AMBER</b>
Birds Eye	Deli Seasoned Chips Sea Salt & Rosemary	Oven bake only	12 x 600g/100g	<b>AMBER</b>
Birds Eye	Frozen Potato Mash	Potato	10 x 1kg/125g	<b>AMBER</b>
Birds Eye	Golden Crunch Chips	Oven bake only	12 x 1kg/100g	<b>AMBER</b>
Birds Eye	Golden Crunch Crinkle Cut Chips	Oven bake only	12 x 1kg/100g	<b>AMBER</b>
Birds Eye	Gold Crunch Hash Browns	Oven bake only	12 x 800g/64g	<b>AMBER</b>
Birds Eye	Golden Crunch Wedges	Oven bake only	12 x 1kg/100g	<b>AMBER</b>
Birds Eye	Hot Chips Crinkle Cut	Oven bake only	12 x 750g/100g	<b>AMBER</b>
Birds Eye	Pommes	Oven bake only	12 x 350g/87g	<b>AMBER</b>
Birds Eye	Golden Crunch Potato Gems	Oven bake only	12 x 1kg/100g	<b>AMBER</b>
Coles	Australian Potatoes Crinkle Cut	Oven bake only	1kg / 100g	<b>AMBER</b>
Coles	Australian Potatoes Straight Cut	Oven bake only	1kg / 100g	<b>AMBER</b>
Coles	Australian Potato French Fries	Oven bake only	1kg / 100g	<b>AMBER</b>
Edgell	Oval Hash Browns	Oven bake only	6 x 2.0kg / 64g	<b>AMBER</b>
Edgell	Potato Gems	Oven bake only	6 x 2.0kg / 100g	<b>AMBER</b>
Edgell	Seasoned Wedges	Oven bake only	6 x 2.0kg / 100g	<b>AMBER</b>
Edgell	Diamond Cut Beer Battered Chips	Oven bake only	6 x 2.0kg / 100g	<b>AMBER</b>
Maggi	Natural Mashed Potato	Potato	2kg / 100g	<b>GREEN</b>
Maggi	Classic Gluten Free Mashed Potato	Potato	7kg / 100g	<b>AMBER</b>
McCain Foods	Hash Brown Ovals	Oven bake only	6 x 2kg / 75g	<b>AMBER</b>
McCain Foods	Hash Brown triangles	Oven bake only	6 x 2kg / 80g	<b>AMBER</b>
McCain Foods	Straight Cut Fries	Oven bake only	3 x 5kg / 100g	<b>AMBER</b>
McCain Foods	Ore-Ida Potato Skin Shells	Oven bake only	7.71kg / 76g	<b>GREEN</b>
McCain Foods	Seasoned Wedges	Oven bake only	6 x 2kg	<b>AMBER</b>
McCain Foods	Sweet Potato Straight Cut Fries	Oven bake only	6 x 1.13kg / 100g	<b>AMBER</b>
McCain Foods	Sweet Potato Straight Cut Chips	Oven bake only	750g	<b>AMBER</b>
McCain Foods	Sweet Potato Wedges	Oven bake only	6 x 1.13kg / 100g	<b>AMBER</b>
McCain Foods	Healthy Choice Straight Cut Chips	Oven bake only	1kg/100g	<b>AMBER</b>
Woolworths	Straight Cut Potato Chips	Oven bake only	1kg / 125g	<b>AMBER</b>
Woolworths	Crinkle Cut Potato Chips	Oven bake only	1kg / 100g	<b>AMBER</b>

## 8. Meat products

Meat patties, meat balls, nuggets or strips, crumbed or not crumbed

Assessed against nutrient criteria 1.2

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Angel Bay	Lite Beef Burger Patties		100g	<b>AMBER</b>
Colonial Farm	Quarter Pound Burger	Beef, raw	48x113g units per carton	<b>AMBER</b>
Colonial Farm	Beef Rissolle Fully Cooked	Beef, fully cooked	60x100g units per carton	<b>AMBER</b>
Colonial Farm	Fully Cooked Burger	Beef, fully cooked	60 x 75g units per carton	<b>AMBER</b>
Colonial Farm	Lean Burger Fully Cooked	Beef	48 x 90g units per carton	<b>AMBER</b>

## 9. Chicken products

Chicken patties, balls, nuggets or strips, crumbed or not crumbed

Assessed against nutrient criteria 1.2

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Coles	Chicken Tenders	Plain Crumb	400g	AMBER
Coles	Crumbed Chicken Tenders		1kg	AMBER
Coles	Crumbed Chicken Nuggets		400g	AMBER
Coles	Crumbed Chicken Breast Dino Nuggets		1kg	AMBER
Coles	Tempura Chicken Nuggets		400g	AMBER
Coles	Sweet Chilli Chicken Tenders		1kg	AMBER
Inghams	Chicken Breast Goujons	Original	1kg	AMBER
Inghams	Classic Crumbed Chicken Tenders		1kg	AMBER
Inghams	Flame-Grilled Chicken Breast Fillet		1kg	AMBER
Inghams	Sweet Chilli Chicken Tenders		1kg	AMBER
Inghams	Original Crumbed Chicken Tenders		1kg	AMBER
Inghams	Original Yummy Drummys		1kg	AMBER
Inghams	Gluten Free Chicken Nuggets		1kg	AMBER
Inghams	Gluten Free Chicken Breast		400g	AMBER
Inghams	Gluten Free Chicken Breast Tenders		400g	AMBER
Inghams	Premium Chicken Breast Nuggets		1kg	AMBER
Nichols Poultry	Chicken Tenders	Plain	440g	AMBER
Nichols Poultry	Chicken Tenders	Salt and Pepper	500g	AMBER
Nichols Poultry	Chicken Tenders	Cheesy	440g	AMBER
Nichols Poultry	Honey Soy Niblets	Honey Soy	250g	AMBER
Nichols Poultry	Chicken Breast Schnitzel		120g	AMBER
Nichols Poultry	Tandoori Niblets	Tandoori	250g	AMBER
Steggles	Chicken Breast Pops	Tempura	1kg	AMBER
Steggles	Chicken Dino Snacks	Tempura	1kg	AMBER
Steggles	Chicken Breast Tenders	Crumbed	400g/1kg	AMBER
Steggles	Chicken Breast Tenders	Southern Style	400g	AMBER
Steggles	Chicken Breast Tenders	Hot & Spicy	400g	AMBER
Steggles	Chicken Burger	Crumbed	1kg/12 burgers	AMBER
Steggles	Chicken Nuggets	Premium	1kg	AMBER
Steggles	Chicken Breast Nuggets	Boosted With Veggies	400g	AMBER
Woolworths	Chicken Burgers	Crumbed	440g /4 burgers	AMBER
Woolworths	Chicken Burgers	Salt & Pepper	440g/4 burgers	AMBER
Woolworths	Chicken Bulk Burgers	Chicken	1.5kg/18 burgers	AMBER

## 10. Vegetarian products

Vegetable patties, balls, nuggets or strips; lentil patties and falafels, crumbed or not crumbed

Assessed against nutrient criteria 1.2

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Birds Eye	Bubble 'n Squeak		620g (78g serve)	<b>AMBER</b>
Birds Eye	Plant Based	Burgers	300g/ 4 patties	<b>AMBER</b>
Heinz	Baked Beans		All sizes	<b>GREEN</b>
Vegie Delights	Classic Not Burger		340g/85g	<b>AMBER</b>
Vegie Magic	Gluten free vegan burger pattie		2x100g (100g serve)	<b>AMBER</b>
Vegie Magic	Chickpea & lentil vegie burger pattie		2x150g (150g serve)	<b>AMBER</b>



# 11. Fish products

Fish patties, balls, nuggets or strips, crumbed or not crumbed

Assessed against nutrient criteria 1.2

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Birds Eye	Oven Bake Crumbed Fish	Original	425g, 1kg (141g serve)	<b>AMBER</b>
Birds Eye	Oven Bake Crumbed Fish	Lightly Battered	425g (141g serve)	<b>AMBER</b>
Birds Eye	Oven Bake Crumbed Fish	Lemon	425g (141g serve)	<b>AMBER</b>
Birds Eye	Oven Bake Crumbed Fish	Lemon Pepper	425g (141g serve)	<b>AMBER</b>
Birds Eye	Fish Fingers	Original Crumb	1kg	<b>AMBER</b>
Birds Eye	Whiting Fish Fingers	Original Crumb	350g/ 14 fish fingers	<b>AMBER</b>
Birds Eye	Fish Fingers	Made from Hoki	375g, 1kg	<b>AMBER</b>
Birds Eye	Fish Cakes	Crunchy Crumb	300g/ 6 cakes	<b>AMBER</b>
Birds Eye	Salmon Cakes	Homestyle	480g/ 6 cakes	<b>AMBER</b>
Captains Catch	Crispy Battered Fish	Alaskan Pollock	24 x 110g units per carton	<b>AMBER</b>
Captains Catch	Crispy Battered Fish	Alaskan Pollock	24 x 140g units per carton	<b>AMBER</b>
Captains Catch	Crunchy Crumbed Fish	Alaskan Pollock	24x110g units per carton	<b>AMBER</b>
Captains Catch	Crunchy Crumbed Fish	Alaskan Pollock	24x140g units per carton	<b>AMBER</b>
I&J	Hoki fillets	Crispy Battered	3kg (50g serve) 3.08kg (140g serve)	<b>AMBER</b>
I&J	Hoki fillets	Crunchy Crumbed	3.08kg (140g serve)	<b>AMBER</b>
I&J	Flathead fillets	Crispy Battered	3kg (50g serve)	<b>AMBER</b>
I&J	Wild caught fish fillets	Beer Battered	425g/1.03kg - 137g	<b>AMBER</b>
I&J	Wild caught fish fillets	Tempura Batter	550g - 137g	<b>AMBER</b>
I&J	Wild caught fish fillets	Lemon Crumb	425g/1.0kg - 141g	<b>AMBER</b>
I&J	Wild caught fish fillets	Original Crumb	425g/1.0kg - 141g	<b>AMBER</b>
I&J	Fish Fingers		1kg	<b>AMBER</b>
Jamie Oliver	Fish Fillet Finger		720g/ 24 fish fingers	<b>AMBER</b>
Top Hat	Fish Cake		2 x 2kg (100g serve)	<b>AMBER</b>
Woolworths Essentials	Fish Fingers		1kg/ 40 fish fingers	<b>AMBER</b>

## 12. Commercial savoury pastries

Meat pies, vegetable pies, sausage rolls, pasties, triangles, quiches and samosas

Assess against nutrient criteria 1.1

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Four'N Twenty	Traveller Pie	Beef & Pepper	160g	<b>AMBER</b>
Four'N Twenty	Traveller Pie	Classic Meat	160g	<b>AMBER</b>
Four'N Twenty	Lite Meat Pie		175g	<b>AMBER</b>
Mrs Macs	Lite'n Up Beef Pie		175g	<b>AMBER</b>
Mrs Macs	Lite'n Up Sausage Roll		120g	<b>AMBER</b>
Patties	Vegan Rolls	Chickpea, Spinach & Caramelised Onion	12 pack (serve 40g)	<b>AMBER</b>
Patties	Lite Party Pies		12 pack (serve 42g)	<b>AMBER</b>
Tas Bakeries	Cornish Pastie		200g	<b>AMBER</b>
Tas Bakeries	Proper National Magnificent 7 Pie		16 pack/180g	<b>AMBER</b>
Tas Bakeries	Proper National Vegetarian Creamy Pie		180g	<b>AMBER</b>
Tas Bakeries	Proper Good Sausage Roll		20 pack/120g	<b>AMBER</b>

### 13. Spring rolls, dim sims and dumplings

Assessed against nutrient criteria 1.1

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
A&T Trading Co. Hong Kong Dim	Dim Sims	Vegetarian	10 x 12 pkt/10 x 24 pkt	<b>AMBER</b>
Sim Kitchen Hong Kong Dim	Dim Sims	Pork	480g	<b>AMBER</b>
Sim Kitchen	Dumplings	Pork & Chive		<b>AMBER</b>

## 14. Processed meats

Devon/fritz, ham, chicken roll/loaf, corned beef, silverside, pastrami, bacon, free-flow chicken

Assessed against nutrient criteria 3.2

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Bertocchi Gold	Middle Rindless Bacon	Thin & Crispy	400g	<b>AMBER</b>
Don	Turkey Shaved	Deli Style	160g	<b>AMBER</b>
Don	Chicken Breast Supreme	Thinly Sliced	160g	<b>AMBER</b>
Don	Champagne Leg Ham	Thinly Sliced	200g	<b>AMBER</b>
Don	Honey Leg Ham	Thinly Sliced	400g	<b>AMBER</b>
D'Orsogna	Roast Chicken	Shaved	320g	<b>AMBER</b>
D'Orsogna	Honey Leg Ham	Shaved	400g	<b>AMBER</b>
D'Orsogna	Leg Ham	Shaved	400g	<b>AMBER</b>
Inghams	Turkey Breast Roast	Traditional	1kg	<b>AMBER</b>
Inghams	Chicken Breast Supreme		2.5kg	<b>AMBER</b>
Inghams	Oven Roasted Sliced Chicken	Free flow	1kg	<b>AMBER</b>
Inghams	Oven Roasted Diced Chicken	Free flow	1kg	<b>AMBER</b>
Inghams	Sliced Rosted Chicken Breast Strips		1kg	<b>AMBER</b>
Primo	Turkey Breast	Thinly Sliced	80g	<b>AMBER</b>
Primo	Chicken Breast	Thinly Sliced	80g	<b>AMBER</b>
Primo	English Style Leg Ham	Thinly Sliced	100g	<b>AMBER</b>
Primo	Champagne Leg Ham	Thinly Sliced	100g	<b>AMBER</b>
Primo	Double Smoked Leg Ham	Thinly Sliced	100g	<b>AMBER</b>
Steggles	Cooked & Diced Chicken Breast	Free flow	1kg	<b>AMBER</b>
Steggles	Sliced Chicken Meat	Free flow	1kg	<b>AMBER</b>
Tender Choice Foods	Roast Lamb Yiros		1kg	<b>AMBER</b>

## 15. Corn chips and tacos

Assessed against nutrient criteria 1.5

Maximum serving size 30g, must be served with vegetables

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Mission	Original Tortilla Strips	Yellow Corn	230g	<b>AMBER</b>
Mission	Original Tortilla Strips	White Corn	230g	<b>AMBER</b>
Mission	Tortilla Triangles	Extreme Cheese	230g	<b>AMBER</b>
Mission	Deli Style Corn Strips	White Corn	500g	<b>AMBER</b>
Mission	Deli-Style Tortilla Triangles		500g	<b>AMBER</b>
Mission	Deli-Style Tortilla Rounds		500g	<b>AMBER</b>
Tostitos	Corn Chips	Lightly Salted	175g	<b>AMBER</b>

## 16. Fruit, tinned or pureed

Canned in fruit juice, must not contain added sugar

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Riviana	Fruit Cups in Natural Juice	Fruit Salad	120g/120g	<b>GREEN</b>
Riviana	Fruit Cups in Natural Juice	Peaches	120g/120g	<b>GREEN</b>
Riviana	Fruit Cups in Natural Juice	Pears	120g/120g	<b>GREEN</b>
Riviana	Fruit Cups in Natural Juice	Two Fruits	120g/120g	<b>GREEN</b>
SPC	Aussie Diced Peaches in Juice	Peaches	120g/120g	<b>GREEN</b>
SPC	Aussie Two Fruits in Juice	Diced pears & peaches	120g/120g	<b>GREEN</b>
SPC	Juicy Diced Mangoes with Juice	Mangoes	120g/120g	<b>GREEN</b>
SPC	Aussie Diced Pears in Juice	Pears	120g/120g	<b>GREEN</b>
SPC	Aussie Made Diced Fruit Salad in Juice	Fruit salad	120g/120g	<b>GREEN</b>
SPC	Little Tub of Puree	Apple	120g	<b>GREEN</b>
SPC	Little Tub of Puree	Apple and Strawberry	120g	<b>GREEN</b>

## 17. Crispbreads and crackers

Crispbreads, crackers, grissini, bread sticks (plain or flavoured)

Assess against nutrient criteria 2.2.

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Arnotts	Water Cracker	Original	18g (6 crackers)	AMBER
Arnotts	Vita-Weat Cracker	Sesame & Poppy Seed	20g (6 crackers)	AMBER
Arnotts	Vita-Weat Crispbread	Sesame	4 crackers	AMBER
Arnotts	Vita-Weat Crispbread	Cracked Pepper	4 crackers	AMBER
Arnotts	Vita-Weat Crispbread	Original	4 crackers	AMBER
Arnotts	Vita-Weat Crispbread	Pumpkin Seed & Grains	4 crackers	AMBER
Arnotts	Vita-Weat Crispbread	9 Grains	4 crackers	AMBER
Arnotts	Vita-Weat Crispbread	Soy & Linseed	4 crackers	AMBER
Arnotts	Cruskit	Rye	11.4g (2 crackers)	AMBER
Arnotts	Cruskit	Rice	11.4g (2 crackers)	AMBER
Arnotts	Cruskit	Original	12.5g (2 crackers)	AMBER
Coles	Rice Crackers	Cheese	25g	AMBER
Coles	Rice Crackers	Original	25g	AMBER
Coles	Rice Crackers	Seed & Grains	25g	AMBER
Coles	Rice Crackers	Brown Rice	25g	AMBER
Coles	Rice Crackers	Seaweed	25g	AMBER
Coles	Rice Crackers	Tangy BBQ Brown Rice	25g	AMBER
Fantastic	Rice Crackers	Original	25g	AMBER
Fantastic	Rice Crackers	Barbeque	25g	AMBER
Fantastic	Rice Crackers	Chicken	25g	AMBER
Fantastic	Rice Crackers	Barbeque Chicken	25g	AMBER
Fantastic	Rice Crackers	Seaweed	25g	AMBER
Fantastic	Rice Crackers	Honey & Soy	25g	AMBER
Fantastic	Rice Squares	Lightly Salted	25g	AMBER
Fantastic	Goodies Grains & Seeds Crackers	Lightly Salted	25g	AMBER
Fantastic	Goodies Three Seeds Crackers	Lightly Salted	25g	AMBER
Peckish	Rice Crackers	Original	20g	AMBER
Peckish	Rice Crackers	Salt & Vinegar	20g	AMBER
Peckish	Rice Crackers	Cheddar Cheese	20g	AMBER
Peckish	Rice Crackers	Sour Cream & Chives	20g	AMBER
Peckish	Rice Crackers	Tangy BBQ	20g	AMBER
Sakata	Rice Crackers	Plain	25g (14 crackers)	AMBER
Sakata	Rice Crackers	Sour Cream & Chives	25g (13 crackers)	AMBER
Sakata	Rice Crackers	Classic Barbecue	25g (13 crackers)	AMBER
Sakata	Rice Crackers	Cheddar Cheese	25g (13 crackers)	AMBER
Sakata	Rice Crackers	Wholegrain Original	25g (13 crackers)	AMBER
Sakata	Rice Crackers	Wholegrain Sweet Chilli & Sour Cream	25g (13 crackers)	AMBER
Winc	Victoria Gardens Soy Rice crackers		15g	AMBER
Woolworths	Traditional Cracker	Squares	30g (3 crackers)	AMBER
Woolworths	Rice Crackers	Tangy BBQ	25g	AMBER
Woolworths	Rice Crackers	Original	25g	AMBER
Woolworths	Brown Rice Crackers	Original	25g	AMBER
Woolworths	Brown Rice Crackers	Black Sesame	25g	AMBER

## 17. Crispbreads and crackers

Crispbreads, crackers, grissini, bread sticks (plain or flavoured)

Assess against nutrient criteria 2.2.

Woolworths	Brown Rice Crackers	Multigrain	25g	<b>AMBER</b>
Woolworths	Rice Crackers	Seaweed	25g	<b>AMBER</b>
Woolworths	Water Crackers	Original	12g (4 crackers)	<b>AMBER</b>
Woolworths	Wafer Crackers	Original	10g (6 crackers)	<b>AMBER</b>



## 18. Commercial snack breads

Unfilled savoury breads, pull-aparts, twists, garlic or herb bread, savoury or vegetable scones or scrolls

Assessed against nutrient criteria 2.5

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Australian Garlic Bread Co.	Garlic Slices		26g	<b>AMBER</b>
Australian Garlic Bread Co.	Garlic bread	For One	85g/ 41g	<b>AMBER</b>
Australian Garlic Bread Co.	Garlic bread	Catering 11"	240g/ 50g	<b>AMBER</b>
Australian Garlic Bread Co.	Garlic bread	Catering 9"	170g/50g	<b>AMBER</b>
Coles	Simply Garlic Bread	Twin Pack	450g/45g (2 slices)	<b>AMBER</b>
Coles	Simply Garlic Bread Slices		270g/30g	<b>AMBER</b>
Coles I'm Free From	Garlic Bread		400g/50g (2 slices)	<b>AMBER</b>
Coles Kitchen	Garlic Baguette	Twin Pack	450g/45g (2 slices)	<b>AMBER</b>
Creative Foods	Garlic Bread	Twin Pack	500g/27.8g	<b>AMBER</b>
Gluten Free Bakehouse	Garlic Bread		300g/30g	<b>AMBER</b>
La Famiglia Kitchen	Garlic Bread	Just For 2	170g/28g	<b>AMBER</b>
La Famiglia Kitchen	Garlic Slices		450g/28g	<b>AMBER</b>
La Famiglia Kitchen	Garlic Pane Di Casa	Just For 2	190g/32g	<b>AMBER</b>
Woolworths	Garlic Loaf		400g/50g	<b>AMBER</b>
Woolworths	Garlic Bread Slices		270g/30g	<b>AMBER</b>

## 19. Sweet snack food

Sweet snack food, biscuits, slices, balls and bars

Assess against nutrient criteria 2.1.

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Arnotts	Tiny Teddy	Chocolate	200g/ 25g (13 biscuits)	<b>AMBER</b>
Arnotts	Shredded Wheatmeal		250g/23.4g (3 biscuits)	<b>AMBER</b>
Kelloggs	K-Time Baked Twists	Strawberry & Blueberry	185g/5 x 37g	<b>AMBER</b>
Kelloggs	K-Time Baked Twists	Raspberry & Apple	185g/5 x 37g	<b>AMBER</b>
Uncle Toby's	Muesli Bar	Classic Golden Oats	185g/6 x 31.3g	<b>AMBER</b>
Uncle Toby's	Muesli Bar	Chewy Mixed Berry	185g/6 x 31.3g	<b>AMBER</b>
Uncle Toby's	Muesli Bar	Chewy Apricot	185g/6 x 31.3g	<b>AMBER</b>
Uncle Toby's	Oat Slice	Apple & Cinnamon	140g/4 x 35g	<b>AMBER</b>

## 20. Chips and popcorn

Potato chips, rice chips, vegetable chips, crisps, popcorn

Assess against nutrient criteria 2.2.

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Coles	Popping Corn Kernels		400g/25g	<b>GREEN</b>
Freedom Foods	Messy Monkeys Wholegrain Bites	Burger	120g/6 x 20g	<b>AMBER</b>
Healtheries	Rice Wheels	Chicken	126g/6 x 21g	<b>AMBER</b>
Healtheries	Potato Stix	Roast Potato	120g/6 x 20g	<b>AMBER</b>
Healtheries	Potato Stix	Chicken	120g/6 x 20g	<b>AMBER</b>
Macro	Air Popped Corn	Sweet & Salty	20g	<b>AMBER</b>
Parkers	Baked Pretzel Minis	Salted	150g/6 x 25g	<b>AMBER</b>
Parkers	Baked Pretzel Minis	Cheese	150g/6 x 25g	<b>AMBER</b>
Popcorners	Popped Corn Snacks	Sea Salt	85g/20g	<b>AMBER</b>
Sakata	Stars	Plain	91g/7 x 13g	<b>AMBER</b>
Sunrice	Mini Bites	Mixin' Cheese	120g/6 x 20g	<b>AMBER</b>
Sunrice	Mini Bites	Surfin' Sea Salt	108g/8 x 18g	<b>AMBER</b>
Sunrice	Mini Bites	Rollin' Salt & Vinegar	120g/6 x 20g	<b>AMBER</b>
Sunrice	Mini Bites	Rockin' Chicken	120g/6 x 20g	<b>AMBER</b>
Sunrice	Crunch 'Ems Rice Snacks	Grizzly BBQ	120g/6 x 20g	<b>AMBER</b>
Sunrice	Crunch 'Ems Rice Snacks	Roaring Salt & Vinegar	120g/6 x 20g	<b>AMBER</b>
Winc	Victoria Gardens Pretzels		15g	<b>AMBER</b>
Woolworths	Popping Corn Kernels		400g/25g	<b>GREEN</b>

## 21. Yoghurts

Low fat is GREEN (less than 3g of fat per 100g)

Full fat is AMBER (more than 3g of fat per 100g)

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Westhaven	Mini Moo	Vanilla	70g	<b>AMBER</b>
Westhaven	Mini Moo	Banana	70g	<b>AMBER</b>
Westhaven	Mini Moo	Strawberry	70g	<b>AMBER</b>

## 22. Custard and dairy desserts (without added confectionery)

Assess against nutrient criteria 2.3.

Milk must be listed as the first ingredient

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
Aeroplane	Creamy Mousse Mix	Chocolate (Made with Milk)	65g/ 16g	AMBER
Bega Group	Yogo	Choc Rock	12 x 100g	AMBER
Coles	Custard	Vanilla	600g/ 100g	AMBER
Coles	Custard UHT	Vanilla	1L/ 100g	AMBER
Edlyn	Mousse Mix	Chocolate (Made with Milk)	2kg / 100mL	AMBER
Edlyn	Mousse Mix	Mango (Made with Milk)	2kg/ 100mL	AMBER
Edlyn	Mousse Mix	Strawberry (Made with Milk)	2kg/ 100mL	AMBER
Edlyn	Mousse Mix	Mixed Berry (Made with Milk)	2kg/ 100mL	AMBER
Edlyn	Mousse Mix	Vanilla (Made with Milk)	2kg/ 100mL	AMBER
Foster Clarks	Custard Powder	Vanilla (Made with Milk)	350g/ 62.5mL	AMBER
Foster Clarks	Egg Custard Mix	(Made with Milk)	75/ 62.5mL	AMBER
Foster Clarks	Custard Long Life	Vanilla	1L/ 62.5mL	AMBER
Nestle	Docello Mousse Mix	Chocolate (Made with Milk)	1.9kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	Citrus (Made with Milk)	1.9kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	Hazelnut (Made with Milk)	1.9kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	Mango (Made with Milk)	1.9kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	Mixed Berry (Made with Milk)	1.9kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	French Vanilla (Made with Milk)	1.8kg/ 100mL	AMBER
Nestle	Docello Mousse Mix	Strawberry (Made with Milk)	1.9kg/ 100mL	AMBER
Pauls	Custard	Vanilla	1kg/ 100g	AMBER
Pauls	Custard	Vanilla Low Fat	1kg/ 100g	AMBER
Pauls	Custard Pouch	Vanilla	140g	AMBER
Pauls	Custard Pouch	Chocolate	140g	AMBER
Pauls	Custard Snack Pack	Chocolate	6 x 150g	AMBER
Pauls	Chocolate Mousse	Low Fat	2 x 62g	AMBER
Pauls	Double Thick Custard	Vanilla	900g/ 100g	AMBER
Pauls	Bluey Custard Pouch	Vanilla	70g	AMBER
Pauls	Bluey Custard Pouch	Chocolate	70g	AMBER
Pauls	Bluey Custard Pouch	Strawberry	70g	AMBER
Woolworths	Custard	Vanilla 97% Fat Free	1L/ 100g	AMBER

## 23. Ice creams and milk-based ices (without added confectionery)

Assess against nutrient criteria 2.3.

Milk must be listed as the first ingredient

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Bulla Dairy Foods	Bulla Light Vanilla Cup	Light Vanilla	36 x 100mL	<b>AMBER</b>
Bulla Dairy Foods	Bulla Real Dairy Vanilla	Vanilla	4L (serve 45g)	<b>AMBER</b>
Bulla Dairy Foods	Bulla Real Dairy Choc Vanilla	Choc Vanilla	4L (serve 45g)	<b>AMBER</b>
Bulla Dairy Foods	Bulla Frozen Yoghurt	Strawberry, Mango & Wildberry	8x59g	<b>AMBER</b>
Bulla Dairy Foods	Bulla Frozen Yoghurt	Mango, Apricot & Passionfruit	8x60g	<b>AMBER</b>
		Not-so-plain Jane Vanilla Low		<b>AMBER</b>
Everest	Everest Dixie Cup	Fat	24 x100mL	<b>AMBER</b>
Peters	Billabong	Chocolate	8 x 61g	<b>AMBER</b>
Peters	Billabong	Rainbow	8 x 64g	<b>AMBER</b>
Peters	Light & Creamy Vanilla Slices	Classic Vanilla	12x 46g	<b>AMBER</b>
Streets	Paddle Pop	Chocolate	54g	<b>AMBER</b>
Streets	Paddle Pop	Rainbow	68g	<b>AMBER</b>
Streets	Paddle Pop	Banana	63g	<b>AMBER</b>

## 24. Fruit-based ice blocks, ice crushes and slushies

>99% fruit juice with no added sugar

Serve size 200mL or less for crushes and slushies, 125mL or less for fruit ice blocks

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Berri	Quelch 99% Fruit Juice Tubes	Mixed Pack: Apple, Blackcurrant, Raspberry, Strawberry	24 x 70mL	<b>AMBER</b>
Berri	Quelch 99% Fruit Juice Tubes	Mixed Pack: Orange, Pineapple, Mango, Tropical	24 x 70mL	<b>AMBER</b>
Fruchilla	Slushie	Mixed berry, lemon lime, tropical mango, fruit cola, dragon fruit, blood orange	5L/200mL	<b>AMBER</b>
Juicies	Frozen Fruit Treats	Tropical, lemonade, orange, wildberry	10 x 100mL	<b>AMBER</b>
Nice'N Joosey	99% Fruit Freezer Sticks	Mixed Pack: Raspberry, Orange, Lime, Blackcurrant	25 x 70mL	<b>AMBER</b>

## 25. Flavoured water

Natural flavours only (e.g. fruit essence)

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Frantelle	Sparkling Water	Lime & Lemon Essence	375mL	<b>AMBER</b>
Frantelle	Sparkling Water	Pineapple & Orange Essence	375mL	<b>AMBER</b>
Frantelle	Sparkling Water	Raspberry & Blackcurrant	375mL	<b>AMBER</b>
Frantelle	Sparkling Water	Tropical Passionfruit	375mL	<b>AMBER</b>
Hartz	Infused Spring Water	Lime	750mL	<b>AMBER</b>
Hartz	Infused Spring Water	Berry	750mL	<b>AMBER</b>
Hartz	Tasmanian Mineral Water	Sparkling (unflavoured)	375mL, 600mL	<b>GREEN</b>
Mount Franklin	Lightly Sparkling Water	Lime	450mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Watermelon	375mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Pineapple	375mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Mango	375mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Raspberry	375mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Lime	375mL	<b>AMBER</b>
Mount Franklin	Lightly Sparkling	Passionfruit	375mL	<b>AMBER</b>



## 26. Flavoured milk drinks

Serve size of less than 600mL

Manufacturer	Product name	Flavour/variety	Pack/serve size	Assessment
All Brands	Plain Milk	Full Cream	All Sizes	<b>GREEN</b>
All Brands	Plain Milk	Reduced Fat	All Sizes	<b>GREEN</b>
Bega Group	Big M	Chocolate	300mL, 600mL	<b>AMBER</b>
Bega Group	Big M	Strawberry	300mL, 600mL	<b>AMBER</b>
Betta Milk	Jive	Chocolate	300mL, 600mL	<b>AMBER</b>
Betta Milk	Jive	Strawberry	300mL, 600mL	<b>AMBER</b>
Betta Milk	Jive	Honey Crunch	600mL	<b>AMBER</b>
Cadbury	Drinking Chocolate	(Made with Milk)	225g, 400g	<b>AMBER</b>
Dairy Farmers	Classic	Chocolate	300mL, 500mL	<b>AMBER</b>
Dairy Farmers	Classic	Strawberry	300mL, 500mL	<b>AMBER</b>
Dairy Farmers	Classic	Banana	500mL	<b>AMBER</b>
Dairy Farmers	Classic	Caramel	500mL	<b>AMBER</b>
Devondale	Moo	Chocolate	6 x 200mL	<b>AMBER</b>
Devondale	Moo	Strawberry	6 x 200mL	<b>AMBER</b>
Lactalis Australia	Oak Flavoured Milk	Chocolate	500mL	<b>AMBER</b>
Lactalis Australia	Oak Flavoured Milk	Strawberry	500mL	<b>AMBER</b>
Lactalis Australia	Oak Flavoured Milk UHT	Chocolate	200mL	<b>AMBER</b>
Lactalis Australia	Oak Flavoured Milk UHT	Strawberry	200mL	<b>AMBER</b>
Nestle	Milo	(Made with Milk)	200g, 460g, 700g, 750g, 1kg	<b>AMBER</b>
Nestle	Nesquik	Chocolate (Made with Milk)	250g, 500g	<b>AMBER</b>
Nestle	Nesquik	Strawberry (Made with Milk)	250g, 500g	<b>AMBER</b>
Nestle	Milo Plant Based	(Made with Milk/Milk Alternatives)	395g	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Chocolate	250ml, 375ml, 500mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Strawberry	250mL, 375mL, 500mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Honeycomb	250mL, 375mL, 500mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Banana	250mL, 375mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Vanilla	375mL	<b>AMBER</b>
Nippys	Lactose Free/ No Added Sugar Flavoured Milk	Iced Chocolate	250mL	<b>AMBER</b>
Nippys	Lactose Free/ No Added Sugar Flavoured Milk	Iced Strawberry	250mL	<b>AMBER</b>
Nippys	Oat Milk	Dutch Chocolate	375mL	<b>AMBER</b>
Sanitarium	So Good	Soy Vanilla	1L	<b>AMBER</b>
Sanitarium	So Good	Almond Vanilla	1L	<b>AMBER</b>
Sanitarium	So Good	Almond Chocolate	1L	<b>AMBER</b>
Woolworths	Flavoured Milk	Chocolate	6 x 200mL	<b>AMBER</b>
Woolworths	Flavoured Milk	Strawberry	6 x 200mL	<b>AMBER</b>

## 27. Commercial modified milk drinks and smoothies

Serve size of less than 600mL, less than 900kJ.

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Sanitarium	Up&Go	Honeycomb	250mL	<b>AMBER</b>
Sanitarium	Up&Go	Caramel	250mL	<b>AMBER</b>
Sanitarium	Up&Go	Choc Ice	250mL	<b>AMBER</b>
Sanitarium	Up&Go	Vanilla Ice	250mL	<b>AMBER</b>
Sanitarium	Up&Go	Banana	250mL	<b>AMBER</b>
Sanitarium	Up&Go	Strawberry	250mL	<b>AMBER</b>
Sanitarium	Up&Go Dairy Free	Chocolate Ice	250mL	<b>AMBER</b>
Sanitarium	Up&Go Dairy Free	Vanilla Ice	250mL	<b>AMBER</b>
Sanitarium	Up&Go No Added Sugar	Choc Ice	350mL	<b>AMBER</b>
Sanitarium	Up&Go No Added Sugar	Choc Ice	250mL	<b>AMBER</b>
Sanitarium	Up&Go No Added Sugar	Vanilla Ice	250mL	<b>AMBER</b>

## 28. Coffee flavoured milk drinks

Serve size of less than 375mL, available to high school/college students **only**.

<b>Manufacturer</b>	<b>Product name</b>	<b>Flavour/variety</b>	<b>Pack/serve size</b>	<b>Assessment</b>
Lactalis Australia	Oak Flavoured Milk UHT	Iced Coffee	200mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Coffee	250mL, 375mL	<b>AMBER</b>
Nippys	Flavoured Milk	Iced Mocha	375mL	<b>AMBER</b>
Nippys	Oat Milk	Colombian Coffee	375mL	<b>AMBER</b>

## 29. Fruit juice and sparkling fruit juice drinks

99% fruit or vegetable juice or 99% fruit or vegetable juice with water and no added sugar.

Serve size of 250mL or less in primary schools and 350mL or less in high schools.

Manufacturer	Product name	Flavour/variety	Pack/ serve size	Assessment
Berri	Pop Tops	Apple	250mL	AMBER
Berri	Pop Tops	Apple & Blackcurrant	250mL	AMBER
Emma and Tom's	Life Juice	Squeezed Straight OJ (High School ONLY)	350mL	AMBER
Emma and Tom's	Life Juice	Pressed Cloudy Apple (High School ONLY)	350mL	AMBER
Emma and Tom's	Life Juice	Squeezed Straight OJ	250mL	AMBER
Emma and Tom's	Life Juice	Pressed Cloudy Apple	250mL	AMBER
Emma and Tom's	Life Juice	ABC Bliss	250mL	AMBER
Emma and Tom's	Smoothie	Berry Blast	250mL	AMBER
Golden Circle	Fruit Juice	Apple Mango	200mL	AMBER
Golden Circle	Fruit Juice	Tropical	200mL	AMBER
Golden Circle	Fruit Juice	Apple	200mL	AMBER
Golden Circle	Fruit Juice	Orange	200mL	AMBER
Golden Circle	Sparkling juice	Apple Tropical Punch	250mL	AMBER
Golden Circle	Sparkling juice	Crisp Apple	250mL	AMBER
Golden Circle	Fruit Juice	Apple (High School ONLY)	350mL	AMBER
Golden Circle	Fruit Juice	Apple & Blackcurrant (High School ONLY)	350mL	AMBER
Golden Circle	Fruit Juice	Apple, Mango & Banana (High School ONLY)	350mL	AMBER
Golden Circle	Fruit Juice	Orange (High School ONLY)	350mL	AMBER
Juicy Isle	Fruit Juice	Apple	150mL	AMBER
Juicy Isle	Fruit Juice	Orange	150mL	AMBER
Juicy Isle	Pop Top	Orange	250mL	AMBER
Juicy Isle	Pop Top	Apple	250mL	AMBER
Juicy Isle	Pop Top	Apple & Blackcurrant	250mL	AMBER
Juicy Isle	Classic Orange Juice	High School ONLY	300mL	AMBER
Juicy Isle	Squeezed Orange Juice	High School ONLY	350mL	AMBER
Juicy Isle	Green Juice	High School ONLY	350mL	AMBER
Juicy Isle	Pressed Cloudy Apple Juice	High School ONLY	350mL	AMBER
Juicy Isle	Apple & Blackcurrant Juice	High School ONLY	350mL	AMBER
Juicy Isle	Apple, Carrot & Ginger Juice	High School ONLY	350mL	AMBER
Juicy Isle	Apple & Kiwi Juice	High School ONLY	350mL	AMBER
Juicy Isle	Apple & Mango Juice	High School ONLY	350mL	AMBER
Just Juice	Fruit Juice	Orange	200mL	AMBER
Just Juice	Fruit Juice	Apple	200mL	AMBER
Just Juice	Fruit Juice	Apple & Blackcurrant	200mL	AMBER
Just Juice	Fruit Juice	Paradise Punch	200mL	AMBER
Just Juice	Fruit Juice	Orange & Mango	200mL	AMBER
Lactalis Australia	Harvey Fresh	Orange	250mL	AMBER
Lactalis Australia	Harvey Fresh	Apple	250mL	AMBER
Lactalis Australia	Harvey Fresh	Apple & Blackcurrant	250mL	AMBER
Nippys	Juice Box	Orange	250mL	AMBER
Nippys	Juice Box	Apple	250mL	AMBER

## 29. Fruit juice and sparkling fruit juice drinks

99% fruit or vegetable juice or 99% fruit or vegetable juice with water and no added sugar.

Serve size of 250mL or less in primary schools and 350mL or less in high schools.

Nippys	Juice Box	Apple & Blackcurrant	250mL	<b>AMBER</b>
Spreyton Fresh	Juice	Apple (High School ONLY)	300mL	<b>AMBER</b>
Spreyton Fresh	Juice	Orange (High School ONLY)	300mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Rockin' Raspberry	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Tropical Treat	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Blackcurrant Burst	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Bubblegum Grape	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Sour Blueberry	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Sour Watermelon	250mL	<b>AMBER</b>
Tru Blu	Glee Juice + Bubbles	Sour Cola	250mL	<b>AMBER</b>