

## East Launceston Primary School – Feature School 2021

Congratulations to East Launceston Primary for achieving a PLATINUM SmartFood Award.

Since 2010 the school's food service has been operating as a Student Enterprise Program. Fondly known as 'Healthy ELPYS' the food service is run by the Grade 6 students. Each student is allocated one session per week for a full term.

The School Food Service Co-ordinators Kathleen Campbell and Holly Kelly do a wonderful job guiding the students, who over the course of their time providing the food service must help write the menus, prepare the items from scratch, then sell the food to the school community.

There is a strong focus on using seasonal produce from local suppliers and utilising herbs and vegetables from the school gardens. The resulting food on offer is both nutritious and delicious!

While the students are involved in the program, they have the opportunity to learn about food safety, food preparation and at the same time develop their numeracy, literacy and social skills in a hands on experience. Having ownership of the food they produce, promotes an understanding of healthy eating habits and helps them to make future positive food choices.

The program has become an integral part of the school community with ongoing support from the teachers and senior staff. Kathleen tells me "There is always excitement around the release of each terms new menu, and it isn't unusual to hear younger students saying how they can't wait to be in Grade 6 so they can come and work at Healthy ELPYS!"

Well done East Launceston for involving the students to promote health and wellbeing within the school community!

